



Senior Citizens

Area Agency on Aging Office of Human Services, Inc. offers services for older adults in Elk, Cameron, and McKean counties. They can help with grandparents who are raising their grandchildren. www.ohsaging.com or call 814.776.2191

Penn Highlands Adult Day Care www.phhealthcare.org

SMP Home Medical 814.834.2225

Penn Highlands Healthcare at Home www.phhealthcare.org or 800.841.9397

St. Marys Senior Center 814.781.3555

The Sight Center of Northwest PA www.sightcenterpa.org or 814.455.0995

Elk County Assistance Office www.dhs.pa.gov or 814.776.1101

Arthritis Foundation, Central PA Chapter www.arthritis.org or 1.800.283.7800

Elder Abuse Hotline 1.800.490.8505

LINK www.ohsaging.com or 1.800.672.7145

American Cancer Society 1.800.227.2345

Elder Care Locator 1.800.677.1116

Don't regret getting older. It is a privilege denied to many.